



# ELKS NATIONAL FOUNDATION

HELPING ELKS BUILD STRONGER COMMUNITIES

Established in 1928, the Elks National Foundation is the charitable arm of the Benevolent and Protective Order of Elks. Our mission is to help Elks build stronger communities. We fulfill our pledge by:

- **Investing** in communities where Elks live and work.
- **Providing** tomorrow's leaders, our youth, with lifelong skills.
- **Meeting** the needs of today's veterans.
- **Helping** the state Elks associations accomplish their charitable objectives.
- **Funding** Lodge projects that improve the quality of life in local Elks communities.

For more information about the Elks National Foundation, visit [elks.org/enf](http://elks.org/enf).

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Elks  
National  
Foundation, Inc.

# ELKS NATIONAL HOOP SHOOT

## FREE THROW PROGRAM



DEVELOPING GRITTY KIDS.



## FAST FACTS

- ▶ The Elks National Hoop Shoot is a free throw contest for youth ages 8 to 13.
- ▶ Beginning at a local Elks Lodge, winning contestants advance through District, State, Regional and National competitions.
- ▶ The program is **free to all contestants**. The Elks help sponsor contestants and their families at every level of competition.
- ▶ One boy and one girl from each division will **win a national title** at the National Finals and have their names inscribed in the Naismith Memorial Basketball Hall of Fame.
- ▶ Two National Champions will receive the **Getty Powell Award** for most baskets made during the National Finals.
- ▶ To see a complete list of past Hoop Shoot winners, visit [elkshoopshoot.org](http://elkshoopshoot.org).





There are few national contests that encourage kids to set a goal that pushes them to their limits by practicing, being persistent, and, most important, getting gritty during their formative years.

There's a program that engrains those attributes in our youth, and it's the Elks National Hoop Shoot free-throw contest. Contests start at the Lodge level.

## COMPETE.

- ▶ The Elks Hoop Shoot provides a character-building, competitive experience for all contestants.
- ▶ Contestants learn about the importance of respect and good sportsmanship.
- ▶ They learn to be humble after a successful win and are prepared to accept defeat gracefully.
- ▶ Through each level of competition, the contestants support one another.



Although shooting baskets is a big part of the Hoop Shoot, it's not the only thing.

## CONNECT.

- ▶ With hours of practice at every level of competition, parents connect with their child throughout the Hoop Shoot experience.
- ▶ Family members travel with their contestant to every competition and share the experience together.
- ▶ Contestants connect with one another throughout their journey, developing positive relationships with peers.
- ▶ Contestants and families regard spending time together as one of the top benefits of participating in the Hoop Shoot.

## SUCCEED.

- ▶ By setting goals and working hard to achieve them, contestants develop grit that aids in succeeding in school and life.

## HOW TO COMPETE

The Hoop Shoot competition starts at the Lodge level. To find a contest near you, visit [elks.org/hoopshoot](http://elks.org/hoopshoot).

## DEVELOPING GRITTY KIDS

- ▶ For more than 45 years, the Hoop Shoot has been developing gritty kids.
- ▶ Research suggests grit is a more accurate predictor of success than social intelligence, good looks, physical health or IQ.
- ▶ Participation in the Hoop Shoot encourages kids to set goals and work hard—keys to developing grit.
- ▶ These lessons help kids bounce back and keep trying even when they don't succeed the first time, whether on the court or in the classroom.

